



the Regional Medical Center
Orangeburg, SC

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FOR IMMEDIATE RELEASE

RMC to hold Behavioral Health Services Ceremony with MUSC Health

ORANGEBURG, SC – The Regional Medical Center (RMC) will celebrate the grand opening of the outpatient *Pathways* to Behavioral Health Clinic and newly renovated inpatient Behavioral Health Center as part of the affiliation with MUSC Health on Tuesday, November 17 at 5:30 p.m. in the RMC Education Center.

Members of the public are encouraged to attend the event and learn more about the behavioral health services offered at RMC and the MUSC Health affiliation. Tours of the new outpatient *Pathways* clinic will be offered.

Andrew W. Hedgepath, M.D. will serve as the Medical Director of the 15-bed inpatient Behavioral Health Center. A faculty member with the Medical University of South Carolina, Dr. Hedgepath will provide behavioral health professional services exclusively to the RMC community.

Valerie L. Holmstrom, Ph.D, ABPP will serve as the Practice Manager of the outpatient *Pathways* to Behavioral Health Clinic. In addition to Dr. Holmstrom, two licensed professional counselors will provide outpatient services to the RMC community.

The outpatient *Pathways* to Behavioral Health Clinic services will include intellectual assessments, differential diagnosis of psychiatric and behavioral disorders, evaluation of cognitive disorders and memory impairment, individual, marital and family therapy, and educational-based therapy for development of self-management skills. Clinical staff will provide evaluation and treatment of a variety of mental health disorders including adjustment disorders, anxiety disorders, depression and mood disorders, post-traumatic stress disorder, attention deficit disorder, marital and family dysfunction and bereavement.

The Behavioral Health Center is a 15-bed, inpatient care unit serving adults 18 years and older who voluntarily seek behavioral health services that require a short inpatient stay. Treatment is available for a variety of conditions including, but not limited to, depression, psychosis, bipolar disorder, and extreme anxiety. Services offered include psychiatric consultation, individualized treatment planning, individual and group therapy, occupational therapy, nutritional therapy, medication management, after care planning and follow-up.

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About the Regional Medical Center of Orangeburg and Calhoun Counties

The Regional Medical Center, in Orangeburg, S.C., is a 286-bed acute-care facility, employing more than 1,200 healthcare professionals. Serving Orangeburg and Calhoun counties and surrounding areas, RMC is accredited by The Joint Commission and has Advanced Certification as a Primary Stroke Center. RMC offers a 24-hour emergency department and a full-range of high-quality medical services such as same day surgery, orthopaedics, obstetrics, cardiology, cancer care, dialysis access and the latest in diagnostic imaging. The Regional Medical Center also operates nine Primary Care practices, three Cardiology practices, an Orthopaedics practice, two Surgery practices, an Internal medicine practice, an Internal Medicine and Gastroenterology practice, and an Obstetrics/Gynecology practice, as well as after-hours Urgent Care with physician, lab and X-Ray in Santee and Bamberg. RMC's Mobile Services van provides digital mammography throughout the region. For more information, visit www.trmchealth.org.

About MUSC Health

MUSC Health is the clinical enterprise of the Medical University of South Carolina (MUSC) comprised of a 700-bed Medical Center, the MUSC College of Medicine and the physician's practice plan. It serves patients across South Carolina and beyond through four hospital facilities in Charleston and more than 100 outreach sites. Among these are the Hollings Cancer Center, one of only 66 National Cancer Institute-designated centers in the country, and a nationally recognized Children's Hospital. The Medical University was founded in 1824 and has risen to become a premiere academic medical center at the forefront of the latest advances in medicine, with world-class physicians and other scientists and groundbreaking research and technology that is often the first of its kind in the world.

About the Regional Medical Center and MUSC Health Affiliation

RMC recently affiliated with MUSC Health, the most nationally recognized and comprehensive academic teaching facility in S.C., to further enhance select healthcare services for patients in the region. Current collaborations include telestroke, cancer treatment, surgical weight loss, and behavioral health programs with future planned collaborations in heart and orthopaedic care. The affiliation is designed to provide access to advanced medical care to patients in the comfort and convenience of their local communities. Through the affiliation RMC patients and referring physicians receive priority access to the MUSC Medical Center should their treatment be required in Charleston. For more information, visit www.muschealth.org/affiliations/rmc/