

*CARES Therapy Clinic is student managed and staffed non-profit organization that provides free occupational, physical, and speech therapy services to adults without health insurance.*

We see clients **two nights** per week from 6-8pm: **Tuesday** for ortho diagnoses and **Wednesday** for neuro diagnoses.

***Request for Physical Therapy or Occupational Therapy  
Letter of Medical Necessity***

**Date of Request:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Patient Name:** \_\_\_\_\_ **Patient Phone Number:** \_\_\_\_\_

**Patient Address:** \_\_\_\_\_ **Patient Date of Birth:** \_\_\_\_\_

**Referring Clinic, Physician and/or Medical Student/Physician's Assistant Student:**

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**Referral for:**  **Physical Therapy**     **Occupational Therapy**     **Speech Therapy**

**Duration of treatment, to be determined by therapist, for a maximum 365 days?**  **Yes**  **No**

**If No, Duration of treatment:** \_\_\_\_\_

**NOTE: *Frequency of treatment* will be a maximum of once per week due to CARES Clinic hours**

- Evaluate and Treat
- Exercise Program: Range of Motion, Strengthening, Joint Mobilization
- Modalities: Ultrasound, Electrical Stimulation, Moist Heat/Cryotherapy, TENS
- Adaptive Equipment: Orthotics, Bracing, Taping
- Assistance with self care and daily activities

**Medical Diagnosis:** \_\_\_\_\_

**Special Treatment Considerations:** \_\_\_\_\_

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Physician/SMD/SPA Signature: \_\_\_\_\_

Name printed: \_\_\_\_\_

Physician/Clinic Contact Number: \_\_\_\_\_

Fax number: \_\_\_\_\_

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***To schedule an appointment at CARES Clinic Downtown:***

**Phone: 843.792.8019**

**Fax: 843.792.4036**

CARES Clinic Downtown is located in the Rutledge Garage on Ashley Avenue.  
158 Ashley Ave  
Charleston, SC  
29425