

A FAMILY FRIENDLY GUIDE TO EATING AND EXPLORING IN CHARLESTON



GO EXPLORE: Being active is one of the best ways to spend quality time with your family members while keeping everyone healthy and energized! The following local attractions offer you and your family the chance to escape everyday life and engage with the wonderful history and traditions of the city. Best of all, walking, playing, and exploring are good for everyone!

- Charleston Children’s Museum
- South Carolina Aquarium
- Patriot’s Point Naval and Maritime Museum
- Gibbes Museum of Art
- Charleston Pirate Tours
- Charleston Ghost Tours
- Fort Sumter
- Fort Moultrie
- Plantation Tours: Boone Hall, Middleton Place, Magnolia, Drayton Hall
- House Tours: Edmonston-Allston House, Heyward-Washington House, Nathaniel-Russell House, Aiken-Rhett House, Joseph Manigault House
- Sporting Events: Charleston Battery Soccer, RiverDogs Baseball, Stingrays Hockey, Family Circle Cup Tennis
- Beaches: Sullivans Island, Isle of Palms, Folly Beach (you can amp up your beach visit by renting bikes and taking a cruise along the sand!)
- Kayak rentals available at Shem Creek through Nature Adventures Outfitters
- Blackbeard’s Cove Family Fun Park: mini-golf, paintball, go-karts, jump land, indoor playground, climbing wall
- Old Exchange and Provost Dungeon

See www.charlestonfamilyfun.com for more information, tips, and resources to plan your family fabulous vacation!



GO EAT: Once you've worked up an appetite exploring Charleston, sit down for a break and a bite to eat at one of the Lowcountry's kid-friendly restaurants. Charleston is home to many wonderful restaurants serving up mouth-watering fare. You can try every type of cuisine from traditional Southern to Chinese to Italian to Mediterranean. Just remember that to make your dining experience a healthy one for the whole family: make sure to eat your vegetables (and watch out for fried foods and foods smothered in gravies or other heavy sauces)!

- Poe's Tavern
- Mellow Mushroom
- Jim 'n Nick's BBQ
- Home Team BBQ
- Toast of Charleston
- Joseph's Restaurant
- Charleston Café
- Sticky Fingers
- Joe Pasta
- Sweetwater Café
- Bubba Gump Shrimp Co.
- Hominy Grill
- Charleston Crab Shack
- Andolini's Pizza
- East Bay Deli
- King Street Grille
- Zeus Grill and Seafood
- Old Towne Grill and Seafood
- Dragon Palace Chinese Bistro
- Okra Grill
- Yo Burrito
- California Dreamin
- Ye Olde Fashioned Ice Cream & Sandwich Cafe
- Juanita Greenberg's Nacho Royale
- Noisy Oyster
- Saffron
- T-Bonz
- Tommy Condon's Irish Pub
- Wild Wings Cafe

Check out the Dish Dining Guide in the Charleston City Paper <http://www.charlestoncitypaper.com/> for some more ideas on tasty eats and yummy treats the whole family will love!