Medical Center Café
Week of Monday September 30

**Monday**
- **Soup:** Thai Chicken & Rice Soup (Mindful) 🍱
  Mediterranean Lentil Soup (Mindful) 12 oz ☺️
- **Entree:** Beef Stroganoff with Noodles 🍲
  Original Rotisserie Chicken 🍗
- **Side Dish:** Cauliflower ☝️
  Collard Greens 🌽

**Tuesday**
- **Soup:** Corn & Red Pepper Chowder (Mindful) 🍱
  Chili con Carne (Mindful) ☺️
- **Entree:** Chopped Beef Steak with Onions 🍲
  Maple Chile Glazed Pork Loin 🍗
- **Side Dish:** Creamy Macaroni & Cheese 🍲
  Southern Style Collard Greens 🌽

**Wednesday**
- **Soup:** Vegetable Beef Barley (Mindful)
  Cream of Fresh Broccoli Soup (Mindful) ☺️
- **Entree:** Extra Crispy Fried Chicken 🍲
  Baked Cod with Herb Crust 🍗
- **Side Dish:** Creamy Macaroni & Cheese 🍲
  Steamed Broccoli and Cauliflower 🌽

**Thursday**
- **Soup:** Split Pea & Sausage Soup (Mindful) 🍱
  Homestyle Chicken and Rice Soup 🍲
- **Entree:** Beef Tips with Grilled Onions & Peppers 🍲
  BBQ Korean Chicken 🍗
- **Side Dish:** Creamy Macaroni & Cheese 🍲
  Fried Okra 🌽

**Friday**
- **Soup:** Classic New England Clam Chowder 🍱
  Minestrone Soup ☺️
- **Entree:** Golden Fried Swai 🍲
  Balsamic Herb Roast Turkey 🍗
- **Side Dish:** Creamy Macaroni & Cheese 🍲
  Savory Black-Eyed Peas 🌽

**Saturday**
- **Soup:** Cream of Chicken & Wild Rice (Mindful) 🍱

**Sunday**
- **Soup:** Vegetable Chili (Mindful) ☺️
- **Entree:** Chicken Alfredo 🍲
  Chopped Beef Steak with Mushrooms 🍗
- **Side Dish:** Creamy Macaroni & Cheese 🍲
  Savory Black-Eyed Peas 🌽
  Green Beans with Oregano ☺️