

GVHD STEP 1 MENU

Your doctor has prescribed a GVHD Step 1 diet for you during your stay. The diet will help reduce gastrointestinal discomfort (abdominal pain, nausea, vomiting, diarrhea) after eating.

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BREAKFAST

Hot Cereal:

Cream of Wheat

Cold Cereal:

Corn Flakes

Rice Krispies

Bakery:

White Bread

White Bagel

Biscuit

Fresh Fruit:

Banana

Applesauce

Peach Slices

Pear Halves

DESSERTS

Vanilla Wafers

Graham Crackers

Gelatin-Berry (Regular or Sugar-Free)

Gelatin-Citrus (Regular or Sugar-Free)

ENTREES

Greens Beans

White Rice

Mashed Potato

Penne Pasta

White Bread

White Dinner Roll

Vegetable, Chicken or Beef Broth

BEVERAGES

Water

Hot Water

Diet Lemon Lime Soda

Diet Lemonade

Gatorade

Speak with the Call Center
Representative for
Additional Options

CALL US 843-792-3892

GVHD STEP 2 MENU

Your doctor has prescribed a GVHD Step 2 diet for you during your stay. The diet will help reduce gastrointestinal discomfort (abdominal pain, nausea, vomiting, diarrhea) after eating.

BREAKFAST

Scrambled Eggs
Low-Cholesterol Scrambled Eggs
Hard Boiled Egg
Buttermilk Pancakes
Tofu Scramble
Hot Cereal:
 Cream of Wheat
Cold Cereal:
 Corn Flakes
 Rice Krispies
Bakery:
 White Bread
 White Bagel
 Cinnamon Bagel
 Biscuit
Fresh Fruit:
 Banana
 Applesauce
 Peach Slices
 Pear Halves

DESSERTS

Vanilla Wafers
Graham Crackers
Gelatin-Berry (Regular or Sugar-Free)
Gelatin-Citrus (Regular or Sugar-Free)

ENTREES

Herb Chicken Breast
Turkey Sandwich
Tofu Scramble
Greens Beans
White Rice
Mashed Potato
Penne Pasta
White Bread
White Dinner Roll
Chicken Noodle Soup
Vegetable, Chicken or Beef Broth

BEVERAGES

Water
Hot Water
Lactaid Milk
Soy Milk
Diet Lemon Lime Soda
Diet Lemonade
Gatorade

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