

LUNCH / DINNER

() represent the grams of Carbohydrates (CHOs)

If your doctor has prescribed a modified diet, some items may not be allowed.

ITALIAN CUISINE

Personal Pan Pizza (50)
Spaghetti (32)

SOUTH OF THE BORDER

Quesadilla
(Cheese (15), Chicken (17) or Veg (18))
Taco Salad *(Beef (5) or Chicken*
Chicken Parmesan (10)

DELI BAR

Breads:

Wheat (13)
White (13)
Tortilla Wrap (16)
Sub Roll (36)

Garden:

Onion
Lettuce
Tomato
Dill Pickle
Cucumber

Cheese:

America
Cheddar
Provolone
Swiss
Low Fat Cheese

Meats & Fillings

Ham
Roast Beef
Turkey
Egg Salad
Tuna Salad
Chicken Salad

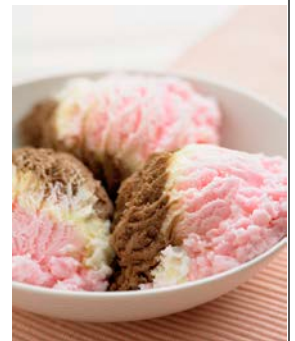
BEVERAGES

Coffee
Hot Tea
Hot Chocolate (15)
Milk (2%, Skim) (12)
Chocolate Milk (25)
Lemonade (27)
Iced Tea (21)
Cola (28)

Lemon Lime Soda (27)
Gingerale (35)
Orange Soda (35)
Sports Soda (14)

DESSERTS

Vanilla Wafers (18)
Graham Crackers (17)
Apple Pie (39)
Brownie (26)
Sweet Potato Pie (46)
Cookies: Sugar /Choc /Oatmeal Raisin
Angel Food Cake (16)
Puddings (26), Ice Cream (19) & Gelatin (18)



Call 2-3892 to place your menu order!