

# Research Exploration Project

13% of 10th graders drank alcohol in the past 30 days

Throughout the year 2021-2022 the the amount of 10th graders that have been drunk increased by 4%

I believe it's very important to figure out why the under age drinking is occurring and increasing throughout the years . In order to find out what treatment they need you have to know why they started drinking and why are they continuing to do it .

# Meet the Ambassador

Nazjah Washington

Military Magnet Academy

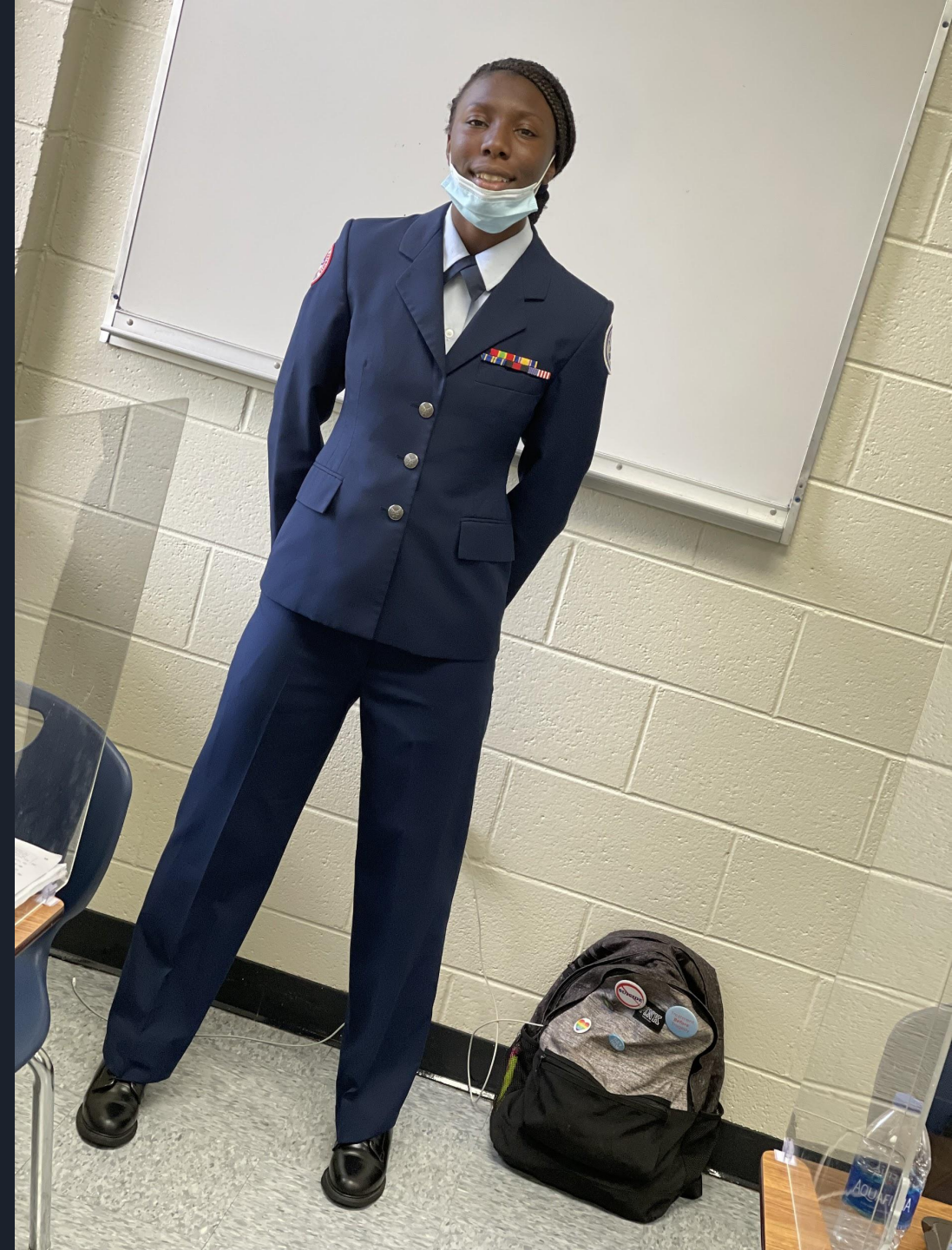
10th grade

Army Jrotc

Squad Drill Commander

Track and field, basketball, and wrestling

Mentor: Dr. Gex



# What alcohol use treatments exist for adolescents?

There are several treatments:

Family based intervention

Motivational enhancement therapy

Behavioral Therapy

Cognitive behavioral therapy

Pharmacotherapy

All these treatments are great to help with alcohol use, but **family based intervention has the most evidence** .

Progress has been developed and these treatments are specifically for adolescents with AOD disorders.

# Social media influence on Alcohol

I believe social media is a big influence on Alcohol use . Once younger kids see their friends or someone on the internet do something they want to try it or think that it's cool. The reduce of these activities on social media would decrease the percentage of Alcohol use .

