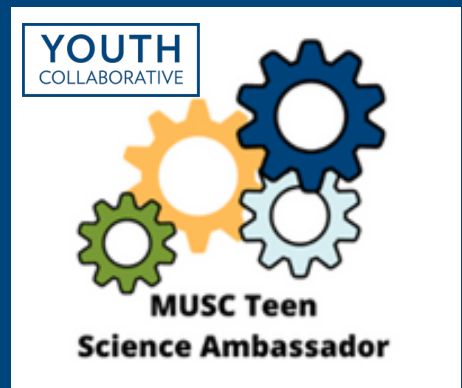


" How do eating disorders affect other mental health disorders and substance use? "

Peyton Poling, ReJoyce Green, Ph.D, James Moss, Ren Rountree, BA.,
 Alicia Parson, BA., Rodrick Bellamy, M.Ed, Cori Herring BA., & Lindsay Squeglia, Ph.D
 Medical University of South Carolina



Background

- Types of Eating Disorders:
 - Binge Eating Disorder: Binge eating episodes where the person feels a loss of control
 - Bulimia Nervosa: Binge eating episodes followed by behavior to compensate (ex. vomiting)
 - Anorexia Nervosa: Significant reduction in food intake leading to extremely low body weight
- Age of onset for eating disorders: 21 for binge eating, 18 for bulimia and anorexia

Research Question

How do eating disorders affect other mental health disorders and substance use?

Methods

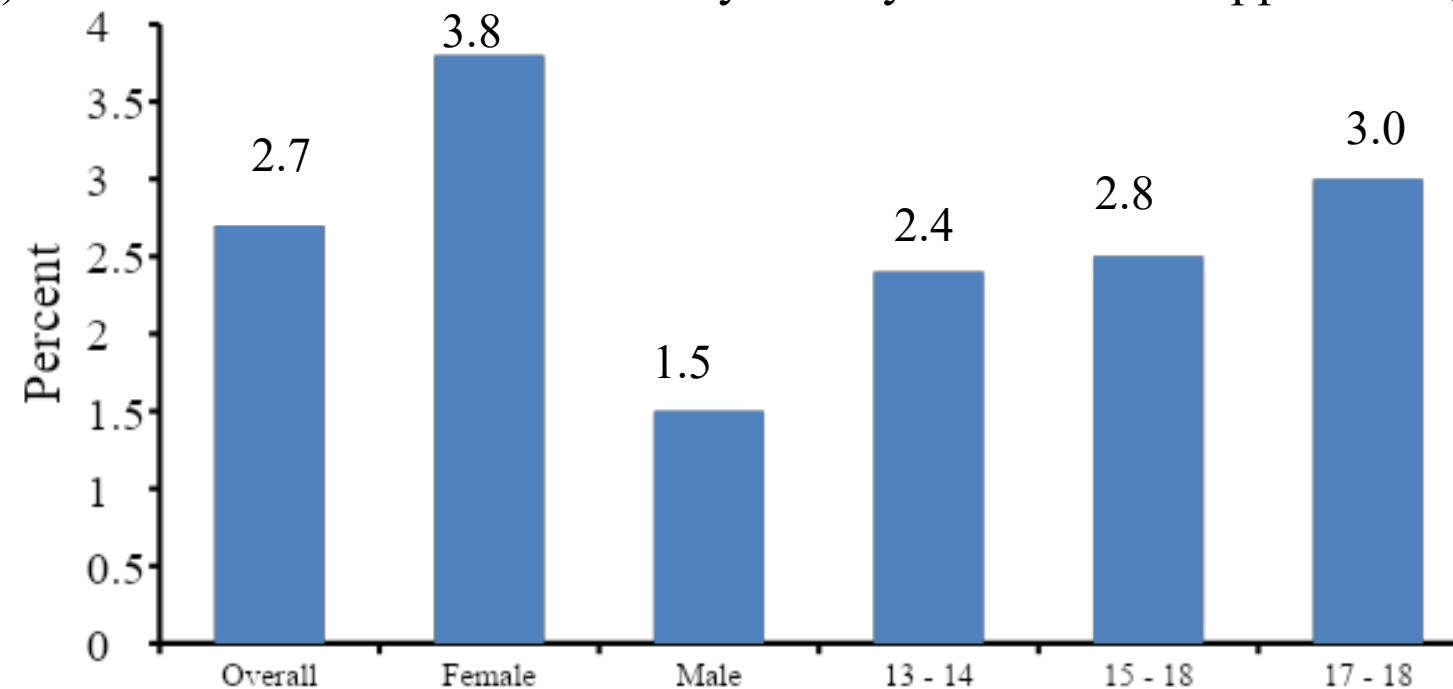
- Literature search on eating disorders using the National Institute of Mental Health
- Literature search on comorbidity of eating disorders and other mental health disorders

Findings

Table 1. Lifetime Comorbidity of Eating Disorders with Other Core Disorders Among U.S. Adults. Data from National Comorbidity Survey Replication (NCS-R)

	Anorexia Nervosa (%)	Bulimia Nervosa (%)	Binge-Eating Disorder (%)
Any Anxiety Disorder	47.9	80.6	65.1
Any Mood Disorder	42.1	70.7	46.4
Any Impulse Control Disorder	30.8	63.8	43.3
Any Substance Use Disorder	27.0	36.8	23.3
Any Disorder	56.2	94.5	78.9

Figure 1. Lifetime Prevalence of Eating Disorder Among U.S. Adolescents (2001 – 2004). Data from National Comorbidity Survey Adolescent Supplement (NCS-A)



Reflections



- Peyton Poling
- 11th
- orientation because i got to meet new people
- its a fun experienc so enjoy it.

Mentorship

- Dr. ReJoyce Green
- James Moss
- she didn't give much advice but she gave me some great help

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References

