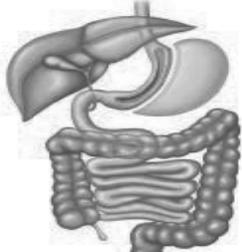
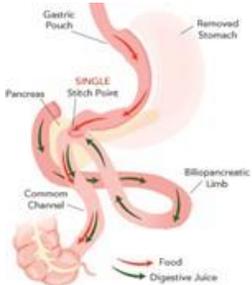
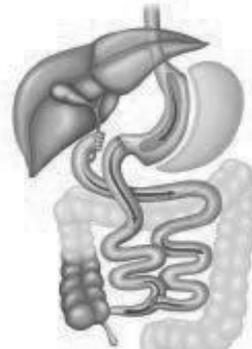


## Metabolic and Bariatric Surgery Procedures offered at MUSC Health

Procedure	Mechanism of weight loss	Hospital & Recovery	Unique risks/benefits to procedure
	<ul style="list-style-type: none"> <li>Removes 80% of the stomach without bypassing intestines</li> <li>Creates a small narrow 'sleeve' shaped stomach</li> <li>Restricts intake of food/fluids</li> <li>Reduces your appetite through favorable changes in gut hormones</li> </ul>	<ul style="list-style-type: none"> <li>Procedure takes about 1 hour</li> <li>Inpatient stay 1 night</li> <li>Out of work 1-4 weeks</li> <li>Return to clinic at 1 month postop to transition to regular texture diet</li> </ul>	<ul style="list-style-type: none"> <li>Expected weight loss: 50-70% of excess weight</li> <li>Preexisting reflux (GERD) might be made worse</li> <li>Less effective at diabetes resolution than Bypass or Switch</li> </ul>
	<ul style="list-style-type: none"> <li>Creates a 'sleeve' shaped stomach first</li> <li>Restricts how much you can eat at one time</li> <li>Creates malabsorption through a single loop bypass of the small intestines after pylorus</li> <li>Reduces your appetite through favorable changes in gut hormones</li> </ul>	<ul style="list-style-type: none"> <li>Procedures takes 1.5-2 hours</li> <li>Inpatient stay 1 night</li> <li>Out of work 1-4 weeks</li> <li>Return to clinic at 1 month postop to transition to regular texture diet</li> </ul>	<ul style="list-style-type: none"> <li>Expected weight loss: 70-80% of excess weight</li> <li>Protein and fat malabsorption occurs which require additional attention to fat soluble vitamins (ADEK)</li> <li>Experienced surgeons only</li> <li>Effective at diabetes resolution</li> </ul>
	<ul style="list-style-type: none"> <li>Creates a small pouch which is about 85% smaller than the size of your current stomach</li> <li>Restricts intake of food/fluids</li> <li>Bypasses part of small intestine and limits how much is absorbed</li> <li>Reduces your appetite through favorable changes in gut hormones</li> </ul>	<ul style="list-style-type: none"> <li>Procedure takes about 1-2 hours</li> <li>Inpatient stay 1 night</li> <li>Out of work 1-4 weeks</li> <li>Return to clinic at 1 month postop to transition to regular texture diet</li> </ul>	<ul style="list-style-type: none"> <li>Expected weight loss: 60-75% of excess weight</li> <li>More effective at diabetes resolution than sleeve</li> <li>Considered anti-reflux procedure</li> <li>May experience dumping syndrome</li> <li>Risk for ulcers, small bowel obstruction, and internal hernias</li> <li>NSAIDs are contraindicated- Motrin- Ibprofuen-Aleeve, Goodies Powder</li> </ul>
	<ul style="list-style-type: none"> <li>Creates a 'sleeve' shaped stomach first</li> <li>Restricts intake of food/fluids</li> <li>Creates malabsorption by bypassing large part of small intestine after pylorus</li> <li>Reduces your appetite through favorable changes in gut hormones</li> </ul>	<ul style="list-style-type: none"> <li>Procedure takes approx 2 hours</li> <li>Inpatient stay 1-2 nights</li> <li>Out of work 1-4 weeks</li> <li>If drain, 1 week post surgery visit for removal</li> <li>Return to clinic at 1 month postop to transition to regular texture diet</li> </ul>	<ul style="list-style-type: none"> <li>Expected weight loss: 70-80% of excess weight</li> <li>Experienced surgeons only</li> <li>Protein and fat malabsorption occurs by nature of procedure, which required additional attention to fat soluble vitamins (ADEK)</li> <li>Diarrhea, malodorous bowel movements/gas may occur</li> </ul>